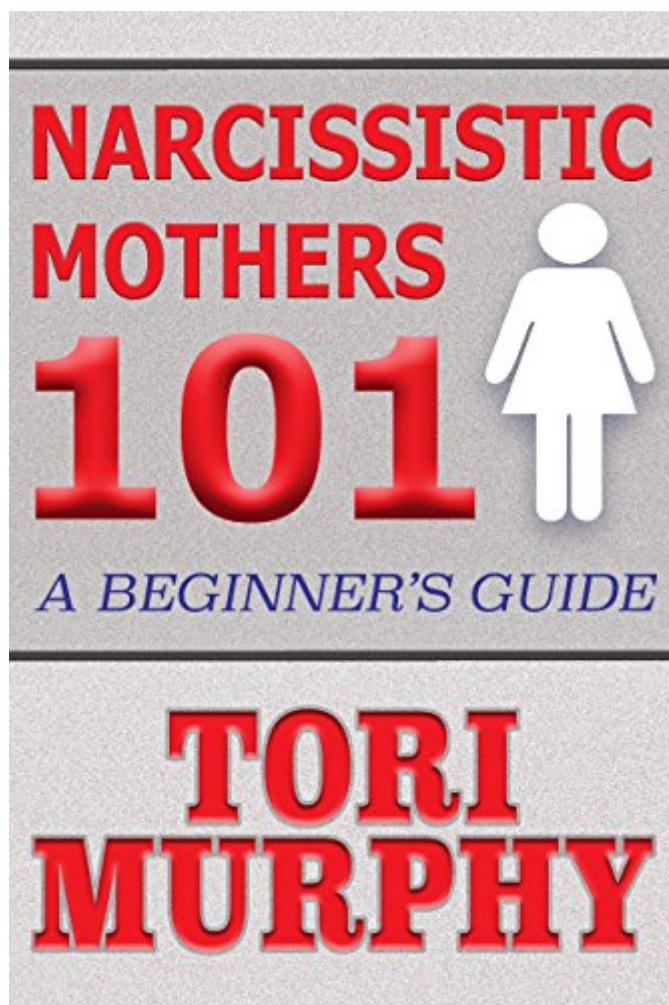


The book was found

Narcissistic Mothers 101: A Beginner's Guide



Synopsis

Something drew your attention to this book. It probably wasn't the snappy title. It might have been the fancy cover, but most likely you're trying to understand why your relationship with your mother has always been confusing, disappointing and painful. Despite your best efforts, you just never measure up. A visit with her sucks your emotions dry and you leave exhausted and wondering why it always has to be this way. One possible explanation might be that your mother is a narcissist. There are a variety of definitions of narcissists, but primarily they are people who have a desperate need to feel superior to others, crave attention and lack empathy. In other words, she's demanding, never satisfied and has no consideration for the thoughts and feelings of others. If this sounds like your mother, she might be a narcissist.

Book Information

File Size: 4218 KB

Print Length: 59 pages

Publication Date: August 7, 2016

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B01JXZVCUE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #42,403 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #12

in Kindle Store > Kindle eBooks > Nonfiction > Parenting & Relationships > Family

Relationships > Parent & Adult Child #25 in Kindle Store > Kindle Short Reads > 90 minutes

(44-64 pages) > Parenting & Relationships #39 in Books > Parenting & Relationships > Family

Relationships > Parent & Adult Child

Customer Reviews

This was a really helpful commonsense guide to handling the troubled relationship between the narcissistic mom and her child victim. There are some very useful strategies for dealing with a narcissistic parent while maintaining one's own sanity. I especially appreciate that there are

techniques besides the usual advice that therapists give of cutting all contact, which really isn't an option as the parent ages and has health issues.

I just finished reading Narcissistic Mothers 101. It is a quick read because it's really short. Don't let that fool you though. It is worthy of being read. I thoroughly enjoyed reading it even though it is not the first of this topic that I have read. Other good ones are: "Will I Ever Be Good Enough?" And "Mothers Who Can't Love."

Great book and very easy read. Unfortunately I have one of those mothers and this book helps me to understand her.

Great booklet on an intense subject. I am only now at 62 putting a name to this problem in my life . My mother has become much worse in her treatment of me these last 8 years since the death of my father. It has gotten to the point where even I have had to wake up and realize that I don't deserve to be treated like this . This book is helpful for learning to set limits. Thank you !

Tha k you for your insights. I am amazed at how absolutely similar my mother's behavior is to yours. I pray you have found peace as I have.

The book is honest, accurate, and to the point. I hope that all victims of narcissistic mothers would find and read it. It helps to restore your self-respect, confirm that you are not crazy and not ungrateful, and recognize that you have a way out of this toxic relationship that has impacted your whole life.

This was like reading the cliff notes of almost every helpful thing I've come across in the last 7 months since I make the decision to go without contact. I'd echo another review that this is a must read. Overall excellent job of putting together broad and relevant information in a format that is easy to read and makes sense.

It was so accurate it was eerie!! It was as if she knew me and my mother personally. Her no b.s. explanations were helpful and realistic. My favorite is the flying monkeys!! Best and most accurate description ever! Brilliant!!

[Download to continue reading...](#)

Difficult Mothers: Difficult Mothers Cure: Toxic Relationships With Narcissistic Mothers Understood And Overcome Forever! (Difficult Mothers, narcissistic ... absent mother, narcissist relationship)
Narcissistic Mothers and Covert Emotional Abuse: For Adult Children of Narcissistic Parents
Narcissistic Mothers 101: A Beginner's Guide You're Not Crazy - It's Your Mother: Understanding and Healing for Daughters of Narcissistic Mothers (Daughters Of Narccissistic Mothers Book 1)
Narcissistic Parents.: 10 Tips on How to Not Hate Your Parents. Toxic parents,immature parents. (Borderline Personality Disorder, Narcissistic Parent, ... the Narcissist Book2.Immature parents.)
Will I Ever Be Good Enough?: Healing the Daughters of Narcissistic Mothers I Love You Mom!
Floral and Gardening Coloring Book for All Ages: Mother's Day Gifts in all Departments; Mothers Day Gifts in al; Mother's Day in ... Gifts from Son in al; Mothers Day Gifts in al The Mothers' Board: Mothers Know Best Strong Mothers, Strong Sons: Lessons Mothers Need to Raise Extraordinary Men French-English/English-French Beginner's Dictionary: A Beginner's Guide in Words and Pictures (Barron's Beginner's Bilingual Dictionaries) 101 Facts... Stan Lee: 101 Facts About Stan Lee You Probably Never Knew (facts 101 Book 7) Liderazgo 101 (Leadership 101): Lo que todo lider necesita saber (What Every Leader Needs to Know) (101 Series) Children of the Aging Self-Absorbed: A Guide to Coping with Difficult, Narcissistic Parents and Grandparents Walking On Eggshells No More, A Practical Guide To Understanding, Coping And Living With Someone Who Has Borderline Personality Disorder Or Narcissistic Personality Disorder. Children of the Self-Absorbed: A Grown-Up's Guide to Getting Over Narcissistic Parents The Codependent User's Manual: A Handbook for the Narcissistic Abuser Narcissistic Lovers: How to Cope, Recover and Move On Splitting: Protecting Yourself While Divorcing Someone with Borderline or Narcissistic Personality Disorder POWER: Surviving and Thriving After Narcissistic Abuse: A Collection of Essays on Malignant Narcissism and Recovery from Emotional Abuse Things to Make and Do in the Fourth Dimension: A Mathematician's Journey Through Narcissistic Numbers, Optimal Dating Algorithms, at Least Two Kinds of Infinity, and More

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)